

Breaking Soul Ties and Ensuring Spiritual Health

This is in no way a complete guide! First search the scriptures! Secondly, there are many books available on these subjects of spiritual warfare and breaking curses and soul ties. "No More Sheets" is a video series that applies to the subject of soul ties is done by Juanita Bynum. "Bob Larson's Book of Spiritual Warfare" is another excellent source of information.

SOUL TIES AND CURSES

We must ask God for forgiveness and renounce any of the sins we might have committed **with or against** the person in question! Next after this ask God to rebuke (you should also rebuke Satan, we have this power now through **Jesus!**) Satan and break any spiritual and emotional connections with the person.

You might say "God, forgive me of any of the sins I have committed against or with this person. I hereby renounce any of the sins I have committed, and I will repent. In the name of JESUS, I rebuke Satan and his demons and **BREAK** any Soul ties or spiritual connections with "persons name here". Please Jesus, break these ties Lord and fill the gaps with your love and acceptance so that I may be closer to you."

Now if you are dealing with curses, you have to do the same thing. First, you must search and identify any curses you might have over your life! All of the curses that can be put on you are listed in the bible in the Pentateuch, I believe Deuteronomy. These are curses that either YOU cause by your actions or that your parents or grandparents or father have caused. These are generational curses. We never realize how far reaching the implications of our sin can be! Remember, we're still paying the price for Adam's Sin!

ENSURING OUR SPIRITUAL HEALTH

There are several things we can do ensure our spiritual health. A good word from Solomon is this; Proverbs 26:1-2 "*As snow in summer and rain in harvest, so honor is not fitting for a fool. Like a flitting sparrow, like a flying swallow, so a curse without cause shall not alight.*"

What is this saying? A curse that we didn't do anything to cause, will not take effect! It's saying do not do something to cause a curse to fall on you. This may also be interpreted as a curse cannot take hold on your life if you put your faith in God. By this, I mean not fearing the curse: FAITH IS NOT FEAR: FEAR IS NOT FAITH. Now as our nature is to sin, it's tough sometimes and we are going to slip up, but we can prevent this by getting closer to God. How? Praying, worshiping, spending time alone with him praying and worshiping. Talk to God! He wants to have a personal relationship with us! It's not like he's a million miles away. Remember, we ask Jesus **into our heart!** He's right here with us!

SOME SCRIPTURE DEALING WITH SPIRITUAL WARFARE

Isaiah 54:17 ¹⁷ No weapon formed against you shall prosper,
And every tongue *which* rises against you in judgment
You shall condemn.
This *is* the heritage of the servants of the LORD,
And their righteousness *is* from Me,"
Says the LORD.

James 3:8-12 But no man can tame the tongue. *It is* an unruly evil, full of deadly poison. ⁹With it we bless our God and Father, and with it we curse men, who have been made in the similitude of God. ¹⁰Out of the same mouth proceed blessing and cursing. My brethren, these things ought not to be so. ¹¹Does a spring send forth fresh *water* and bitter from the same opening? ¹²Can a fig tree, my brethren, bear olives, or a grapevine bear figs? ¹³Thus no spring yields both salt water and fresh.

God is saying that we shouldn't be speaking bad things about anything at all. Read in Galatians for a more comprehensive listing of good and bad behaviors for a Christian.

Ephesians 6:10-20

¹⁰Finally, my brethren, be strong in the Lord and in the power of His might. ¹¹Put on the whole armor of God, that you may be able to stand against the wiles of the devil. ¹²For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual *hosts* of wickedness in the heavenly *places*. ¹³Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.

¹⁴Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness, ¹⁵and having shod your feet with the preparation of the gospel of peace; ¹⁶above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. ¹⁷And take the helmet of salvation, and the sword of the Spirit, which is the word of God; ¹⁸praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints—¹⁹and for me, that utterance may be given to me, that I may open my mouth boldly to make known the mystery of the gospel, ²⁰for which I am an ambassador in chains; that in it I may speak boldly, as I ought to speak.

Put on your spiritual armor every day! Rebuke the devil every day! Read the bible every day! Pray every day! Magnify God's name! Bless God, tell him how much you love him! We are in a war against principalities and powers and Satan is trying to prevent us from getting closer to God and keeping us in bondage, but **Jesus freed us from that!**

Peace in Christ be with you.